

THE DOCTOR'S REPORT™



Dr. Scott VanLue, M.D.



Dr. Richard Walker, Jr., M.D.



Dr. James Badman, M.D.

SPECIAL ISSUE The #1 Super Foods!

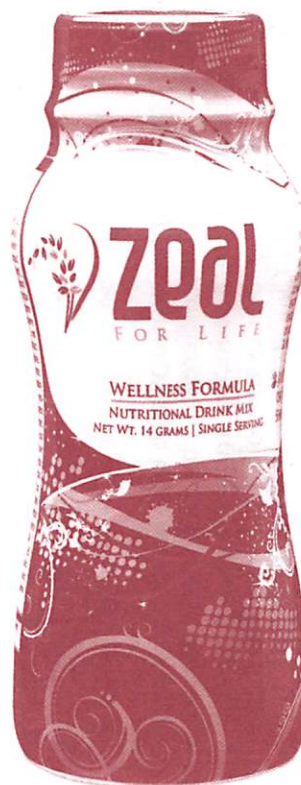


Dramatic Wellness Formula
Gives New Meaning to
the Words "**Health Food**"

- Whole Food Nutrition
- Vitamins & Minerals
- Antioxidants
- Phytonutrients
- Adaptogens
- Prebiotics



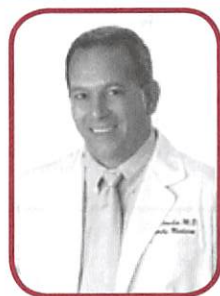
"Why take handfuls of nutritional supplements when you can get the best of **WHOLE FOOD NUTRITION** in one **NATURAL DRINK**?"



THE DOCTOR'S REPORT

BETTER HEALTH THROUGH NATURAL SOLUTIONS THAT WORK

THE AMAZING HEALTH BENEFITS OF Z-SRB and 39 of the planet's best Super Foods + nutrients!



Dr. Scott VanLue

Member of ZEAL Scientific Advisory Board
& Alternative Health Expert

Naturally Revive Your Health & Combat the Aging Process

LET FOOD BE YOUR MEDICINE AND MEDICINE BE YOUR FOOD. -HIPPOCRATES



hours after milling, oxidative changes render the rice bran unfit for human consumption. An enzyme called lipase combines with the oil in the rice bran, turning the oil rancid. The result is that nutrients are lost and the oil undergoes chemical changes that become toxic. 40 million metric tons of rice bran are discarded annually due to this rancidity.

Scientists and others have made repeated attempts over the past 50 years to deactivate the lipase and thus stabilize the rice bran, but until recently a non-chemical working process eluded them. A proprietary extrusion process has since been developed to protect against rancidity and to maintain and enhance rice bran's nutritional value.

This non-chemical process deactivates the lipase and the result is stabilized rice bran, the most nutrient dense whole food source on the planet. ZEAL Stabilized Rice Bran (Z-SRB) is water-soluble, predigested, and easily available to the body and contains over 120 antioxidants, vitamins and minerals. Z-SRB works by doing two things. First, feeding the cells with bioavailable nutrient-dense food sources. And second, protecting the cells from free radicals.

According to the American Medical Association^[1], everybody should add nutritional supplements to their diet. As our lives grow busier and more demanding, the average diet

has become increasingly deficient in nutrition and rich in calories. While the dilution in the nutritional value of our foods has a lot to do with what we are choosing to eat, it is also related to the depletion of nutrients in our soil. Simply eating good foods and a balanced diet is no longer enough to maintain optimal nutrition.

Z-SRB itself is a life sustaining food, and is only the first primary nutrient found within ZEAL Wellness! Zeal Wellness is a blend of whole food concentrates specifically designed to fill the nutritional gaps that your individual diet cannot do alone.

By Dr. Scott VanLue

For centuries, mothers in India believed that rice bran held certain healing powers that worked wonders for their ailing children.

When a child or relative was unhealthy, a mother would often rush to the local mill and collect the freshly-milled rice bran from the abandoned pile. She would then immediately prepare a broth from the bran and feed it to the child, who would often recover.

The nutritional superiority of rice bran has long been known by the medical community. However, within

More Reasons to Purchase ZEAL Wellness

Whole Foods & Phytonutrients

By Dr. Scott VanLue



Phytocompounds are substances that plants produce to protect themselves from their environment. Many of these compounds (phenol, terpene, indole, flavonoid, isoflavone, and carotenoid) are also very beneficial in the human diet, where they are referred to as phytonutrients, and they are essential for optimized health.

Zeal Wellness contains whole food concentrates so that the beneficial effects and the molecular structure of these phytonutrients remain intact. By using multiple food concentrates from throughout the world, Zeal Wellness provides a unique blend of these naturally occurring phytonutrients. The diversity of phytonutrients found in Zeal Wellness is as unique as the environments and conditions from which they are found.

Let's face it; we do not eat healthy, fresh foods anymore. Almost every part of the food industry has been structured to make things fast and convenient, which pushes towards over processing and diminished nutritional content. Zeal Wellness is all about WHOLE FOOD NUTRITION. Whole foods deliver a plethora of nutrients, including phytonutrients, enzymes, vitamins, minerals, anti-oxidants and healthful fatty acids.

Zeal Wellness was formulated with WHOLE FOOD NUTRITION at the forefront of each ingredient decision. Zeal Wellness has lit a spark in the revolution of returning to healthy eating by providing a nutritionally rich drink that can deliver WHOLE FOOD goodness to your body.

Adaptogenic Herbs

Adaptogens are plants or herbs that typically grow in extremely harsh climates. The molecular structures in these plants and herbs have to be strong in order to "adapt" to such adverse growing conditions. For the past 30 years, scientists around the world have been studying these types of plants and herbs in order to discover their many beneficial properties.

The same molecular structures that help these special ingredients survive in the wild can also be extremely beneficial for our bodies. They become nutrients with energizing, healthy-aging, restorative and brain-improving powers. In addition, Adaptogens help the body return to a healthy condition of homeostasis. Individual compounds that are found in Adaptogens can number in the hundreds and include such phytonutrients as antioxidants, vitamins, minerals, trace minerals, amino acids, fatty acids, complex carbohydrates and many other natural cell-energizing substances.

ZEAL Wellness contains multiple Adaptogens!

THE BOTTOM LINE: SAVE MONEY GET HEALTHY

- ✓ ZEAL Wellness contains the best Super Foods the planet has to offer: Stabilized Rice Bran, Moringa Oleifera, Acai Berry, Aloe Vera, Noni, Goji, Chlorella and more.
- ✓ You can enjoy drinking ZEAL Wellness instead of swallowing handfuls of supplements.
- ✓ Z-SRB contains over 120 antioxidants, minerals & vitamins.
- ✓ ZEAL Wellness is only 48 calories a serving and has no artificial colors, sweeteners or preservatives.
- ✓ Zeal Wellness uses only natural, time-tested ingredients (some used for centuries) and scientific clinical research confirms their amazing health benefits.
- ✓ Zeal Wellness contains a multitude of trace, ionic, and fulvic minerals as well as zeolites to deliver nutrients at the cellular level.

The Many Benefits of Guarana

By Dr. Scott VanLue

Guarana originates from the seeds of berries found on a climbing shrub like plant, (Paulina cupana) that is native to Venezuela and the Amazon basin of Brazil. Although guarana contains the natural, caffeine-like substance guaranine, there is a significant difference between guarana and caffeine. Since guarana isn't as water soluble as caffeine, the energy boost experienced with guarana is a slow and steady boost over hours as opposed to the rapid rush of energy and subsequent rapid fall related to caffeine.

Individuals that are sensitive to caffeine should start with half of a Zeal Wellness drink daily and increase to a full daily drink as tolerated. It is advised to not use caffeine containing products in conjunction with guarana. Zeal Wellness also comes "guarana free" for individuals who prefer not to take guarana. It is advised that all individuals discuss any wellness product with their physician before taking it.

How to Order and Use ZEAL

Save Money - Purchase the Best and Eliminate the Rest!

Thanks to ZEAL Wellness, you no longer need to spend money on a multitude of different nutritional products. Furthermore, do you have any idea how much money you would have to spend on a monthly basis to get all the nutrients found in ZEAL Wellness? You would have to spend more than \$450.00 on individual nutritional products to get the combination of nutrients found in ZEAL Wellness. ZEAL Wellness makes it easy and affordable. A one-month supply of ZEAL Wellness (one canister / one scoop per day) is just \$69.95.

Save Money by Becoming a Preferred Customer & Purchase Zeal Wellness for only \$59.95 a month!

Become a Zeal Wellness Preferred Customer to receive a discount of up to 15% on your Zeal Wellness orders while prioritizing your orders for automatic shipping, ensuring you never run out of Zeal Wellness. No obligation, you can cancel anytime.

Why Autoship is so Important to Your Health:

It takes your body 3-6 months to replace the entire blood supply with healthier cells. Therefore, you need to make a commitment to stay on Zeal Wellness for at least three months. The easiest way to do this is with the Preferred Customer autoship. Choosing autoship on your first order will save you \$10 IMMEDIATELY and 15% every month thereafter.

30-Day No Hassle Satisfaction Guarantee!

All first time orders of Zeal Wellness come with a 30-Day Money Back Guarantee. If you are not satisfied with your experience, simply contact the Zurvita Consultant that you purchased your product from and return any unused portion of the canister to them within 30 days of the initial purchase date. The Consultant will then refund the purchase price of your product, less any shipping or handling costs. Remember to cancel your autoship within the initial 30 days by emailing Zurvita Corporate at Billing@Zurvita.com, or via telephone at (713) 464-5002.

It's Easy to Purchase ZEAL Wellness!

To purchase your Zeal Wellness products, use the information listed in the Consultant Panel below to contact your Personal Consultant!



We accept all major credit cards!

Contact your ZEAL Wellness Consultant Today!

THE WELLNESS DEPOT

www.zeal-samples.com

Toll Free (866) 932 - 5257



Who is Dr. Scott VanLue?

"For over 20 years I've had the privilege of practicing medicine and encouraging others to be good stewards of the gift of health."



During his extensive medical career, Dr. VanLue has owned his own family practices, served as a fast track emergency physician and been a consulting physician for the Orlando Magic National Basketball Association team, the Orlando Miracle Women's National Basketball Association team and the Orlando Solar Bears professional hockey team.

Dr. VanLue graduated with honors with a degree in biomedical chemistry from Oral Roberts University in Tulsa, Oklahoma. He earned his Doctor of Medicine degree from Oral Roberts University School of Medicine and served his residency at the University of South Florida Hospital in Orlando, Florida. He holds a Florida state medical license, a license from the American Academy of Family Practice and a certificate of added qualifications in sports medicine. (Dr. Scott VanLue is a paid member of the Zeal Scientific Advisory Board)

1. "Vitamins for Chronic Disease Prevention in Adults." The Journal of the American Medical Association (Vol 287, No 23. June 19, 2002.) <http://www.ncbi.nlm.nih.gov/pubmed/12069676>
2. "Phytosterols, Phytostanols, and Their Conjugates in Foods: Structural Diversity, Quantitative Analysis, and Health-Promoting Uses" (2002). Prog. Lipid Res. 41 (6): 457-500. PMID 12169300. <http://www.ncbi.nlm.nih.gov/pubmed/12169300>
3. A randomized, placebo-controlled, clinical trial of high-dose supplementation with vitamins C and E, beta carotene, and zinc for age-related macular degeneration and vision loss. AREDS report no. 8. Arch Ophthalmol 2001;119:1417-36. <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1462955/>
4. "The Influence of Dietary Lutein and Zeaxanthin on Visual Performance" (January/February 2010). Journal of Food Science 75 (1): R24-R29. doi:10.1111/j.1750-3841.2009.01447.x. <http://onlinelibrary.wiley.com/doi/10.1111/j.1750-3841.2009.01447.x/full>
5. (2009). "Suppression of tumor growth by palm tocotrienols via the attenuation of angiogenesis". Nutrition and Cancer 61 (3): 367-73. <http://www.ncbi.nlm.nih.gov/pubmed/19373610> | <http://www.tandfonline.com/doi/abs/10.1080/01635580802582736>
6. (January 2008). "Reduction of DNA damage in older healthy adults by Tri E Tocotrienol supplementation". Nutrition 24 (1): 1-10. <http://humanclinicals.org/Tocotrienols.html> | <http://www.ncbi.nlm.nih.gov/pubmed/17884341>
7. "Double-blind, controlled, crossover trial of inositol versus fluvoxamine for the treatment of panic disorder" (2001). Journal of Clinical Psychopharmacology 21(3): 335-339. PMID 11386498. <http://www.ncbi.nlm.nih.gov/pubmed/11386498>
8. 1993;14:211-218. Biotin status and plasma glucose levels in diabetics. Ann NY Acad Sci. 1985;447:389-392. <http://pi.oregonstate.edu/infocenter/vitamins/biotin/>
9. Health News, Sesame, rice bran oil cuts blood pressure. (09/2012) http://www.upi.com/Health_News/2012/09/22/Sesame-rice-bran-oil-cuts-blood-pressure/UPI-27031348292127/
10. Detoxification of chlordecone poisoned rats with chlorella and chlorella derived sporopollenin. Drug Chem Toxicol 7(1):57-71. (1984). <http://www.ncbi.nlm.nih.gov/pubmed/6202479>
11. Chronic effects of Bacopa on human memory. www.ncbi.nlm.nih.gov/pubmed/12093601
12. Rational Phytotherapy: A Physicians' Guide to Herbal Medicine, 3rd ed. Berlin, Germany: Springer-Verlag;1998:216.
13. Natural products for liver disease. Econ Med Plant Res. 1988;2:39-72.
14. MuEffects of silymarin (Legalon) therapy on the antioxidant defense mechanism and lipid peroxidation in alcoholic liver disease [in Hungarian]. 1990;131:863-866. <http://www.med.nyu.edu/content?ChunkID=21817>
15. Influence of anethole treatment on the tumour induced by Ehrlich ascites carcinoma cells in paw of Swiss albino mice. Eur. J. Cancer Prev. 4:307-318 (1995) <http://www.ncbi.nlm.nih.gov/pubmed/7549823>
16. Açai juice: antioxidant and anti-inflammatory activities. <http://www.ncbi.nlm.nih.gov/pubmed/21411096>
17. Stevia rebaudiana Bertoni as a source of bioactive compounds. <http://www.ncbi.nlm.nih.gov/pubmed/23303701>
18. Ascorbic Acid and the Immune System (Journal of Orthomolecular Medicine). <http://orthomolecular.org/library/jom/2005/pdf/2005-v20n03-p179.pdf>
19. Retinoids in the treatment of skin aging: an overview of clinical efficacy and safety. www.ncbi.nlm.nih.gov/pmc/articles/PMC2699641

An important Note to Our Readers

The Information contained within this issue of the Doctor's Report is intended for educational purposes only. It is not intended for the treatment, cure, diagnosis, or mitigation of a disease or condition. If you have any medical conditions or are taking any prescription or nonprescription medications, see your physician before altering or discontinuing the use of medications. Persons with potentially serious medical conditions should seek professional care. No therapeutic or medical claims have been implied or made.

© Copyright 2013, Zurvita, Inc. All Rights Reserved. No part of this publication may be reproduced, transcribed, transmitted, stored in a retrieval system, or translated to any language by any means in any form whatsoever without the prior written authorization from Zurvita, Inc. All information contained herein is not intended in any way as medical advice.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent disease.